

Corso di Laurea Magistrale in Biotecnologie Mediche
Università degli Studi di Napoli Federico II
Corso Integrato di Basi molecolari di patologie immunitarie e neurologiche

Systemic Vasculitis

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Vasculitis

Vasculitis are a group of heterogeneous clinical and pathogenetic conditions characterized by inflammation and necrosis of the blood vessels. This results in reduction or occlusion of the vessel lumen and ischemia of the tissues and organs involved in the vasculitic process.

Small-Vessel Vasculitis
(e.g., microscopic polyangiitis, Wegener's granulomatosis)

Medium-Sized-Vessel Vasculitis
(e.g., polyarteritis nodosa, Kawasaki's disease)

Large-Vessel Vasculitis
(e.g., giant-cell arteritis, Takayasu's arteritis)



Goodpasture's syndrome

Isolated cutaneous LCA

Henoch-Schonlein purpura and cryoglobulinemic vasculitis

Microscopic polyangiitis, Wegener's Granulomatosis, and Churg-Strauss syndrome

Classification of Primary Vasculitis

ANCA

- **Large Vessel Vasculitis**

 - Giant Cell Arteritis (GCA) (Temporal Arteritis)**

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 - Takayasu's arteritis (TAK)**

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- **Medium Vessel Vasculitis**

 - Panarteritis Nodosa (PAN)**

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 - Kawasaki's Disease (KD)**

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- **Small Vessel Vasculitis**

 - Granulomatosis with Polyangiitis/GPA/Wegener's**

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 - Churg-Strauss Syndrome/EGPA**

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 - Microscopic polyangiitis (MPA)**

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 - Henoch-Schönlein purpura/IgA vasculitis**

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 - Cryoglobulinemic vasculitis (CV)**

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 - Leukocytoclastic vasculitis**

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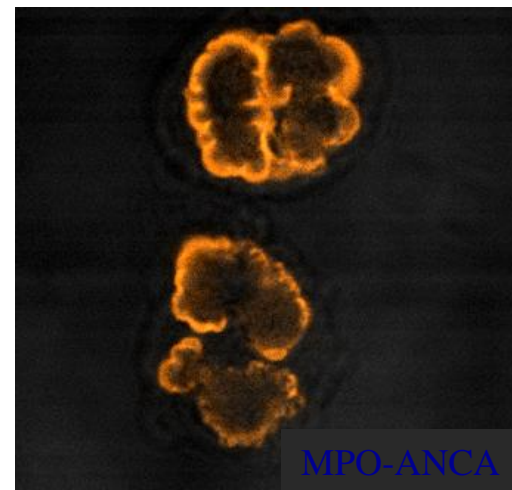
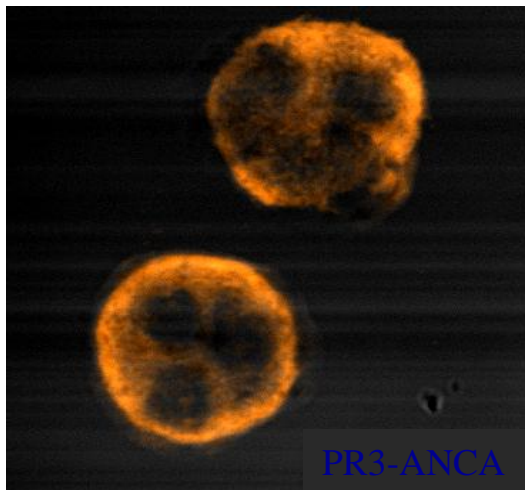
ANCA – Associated Vasculitis

- **ANCA associated vasculitis** are a distinct form of autoimmune vasculitis characterized by necrotizing inflammation with a paucity of vessel wall Ig detectable. They affect predominantly **small vessels** in any organ of the body, including small arteries, arterioles, venules and veins.
- **ANCA (Anti-Neutrophil Cytoplasmic Antibodies)** bind to antigens in the primary granules of neutrophils
- On the basis of clinical and pathological features:
- **Granulomatosis with polyangiitis (GPA) (Wegener's Granulomatosis)**
- **Eosinophilic Granulomatosis with polyangiitis (EGPA) (Churg-Strauss Syndrome)**
- **Microscopic Polyangiitis (MPA)**

Anti-Neutrophil Cytoplasmic Antibodies: ANCA

PR3-ANCA	Citoplasm	Proteinase-3 (PR-3) α granules	Wegener Granulomatosis Sensitivity 92% Specificity 100%
MPO-ANCA	Perinuclear	Myeloperoxidase (MPO) Lactoferrin Elastase	Associated with MPA and EGPA

The granular,
cytoplasmic
staining
pattern of
PR3-ANCA



Perinuclear
staining
typical of
MPO-ANCA

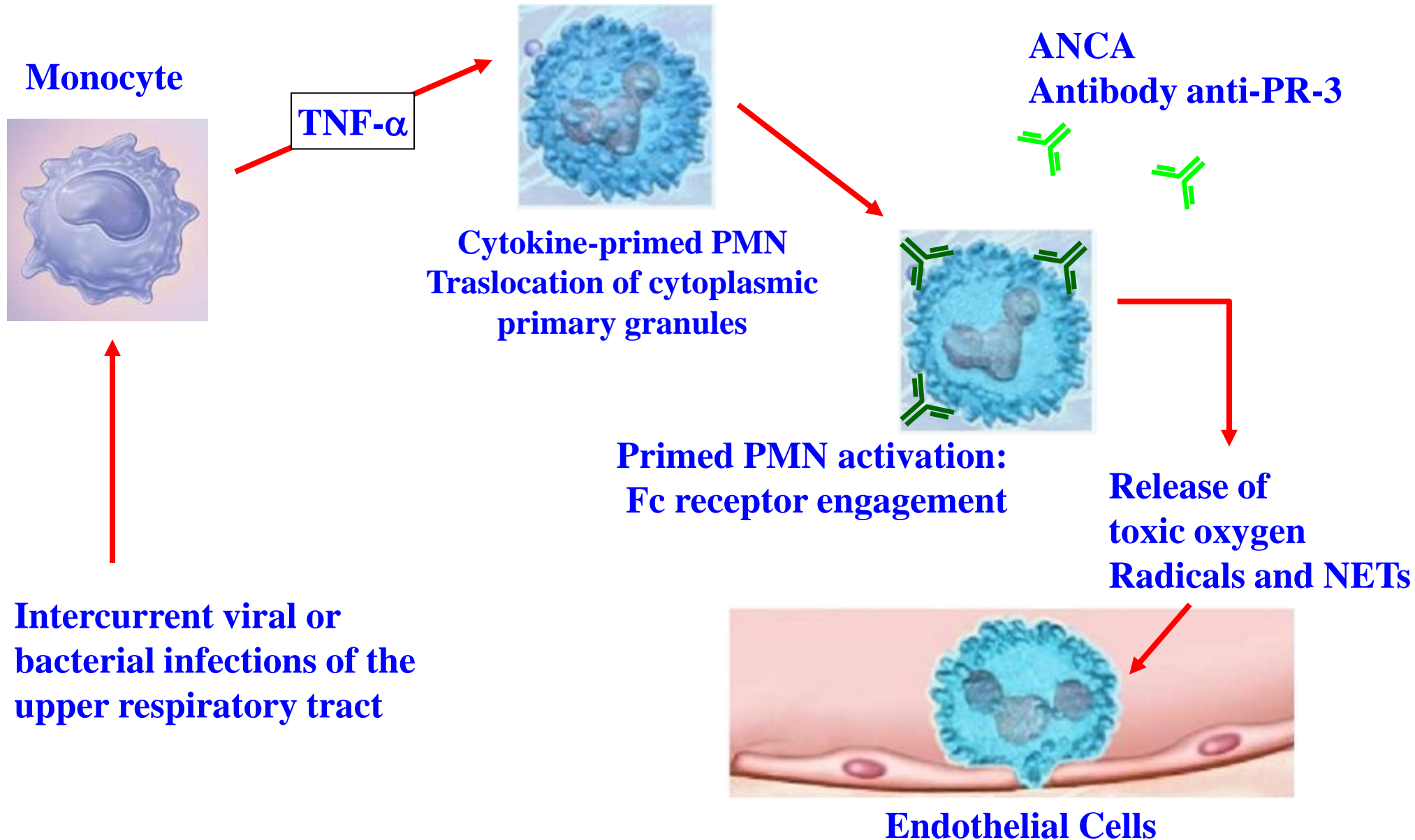
ANCA Associated Vasculitis Pathogenesis

- **Unknown origin**
- **Genetic Factors (GPA: Allele DPB1*041; EGPA: HLA-DRB4)**
- **Environmental factors (infectious agents, environmental toxic agents, allergens)**
- **Both innate immune (macrophages, neutrophils and eosinophils) and adaptive immune cells (B and T cells) are involved.**
- **Pivotal role played by circulating soluble factors, such as autoantibodies, immunocomplexes, complement factors and inflammatory mediators**

Pathogenetic Role of ANCA

- The genesis of the ANCA autoimmune response is a **multifactorial** process that includes genetic predisposition, environmental adjuvant factors, an initiating **self antigen**, and **failure of T cell regulation**
- **ANCA activate primed neutrophils** (and monocytes) by binding to certain neutrophil antigens in specific inflammatory microenvironments
- ANCA-activated neutrophils activate the **alternative complement pathway**, establishing an inflammatory amplification loop
- The acute injury elicits an innate inflammatory response that recruits **monocytes and T lymphocytes**, which replace the neutrophils that have undergone **karyorrhexis** during acute inflammation

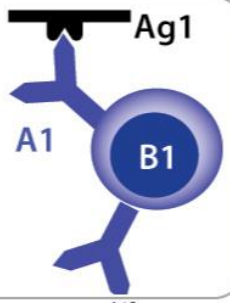
ANCA and Vasculitis: Much More than a Disease Marker



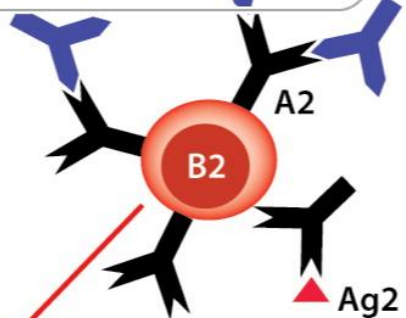
Multiple Events Contributing to the Pathogenesis of ANCA-associated Vasculitis

1) Genesis of the autoimmune response

Antibody response (A1) to an antisense peptide or a mimic that acts as a complementary peptide (Ag1)

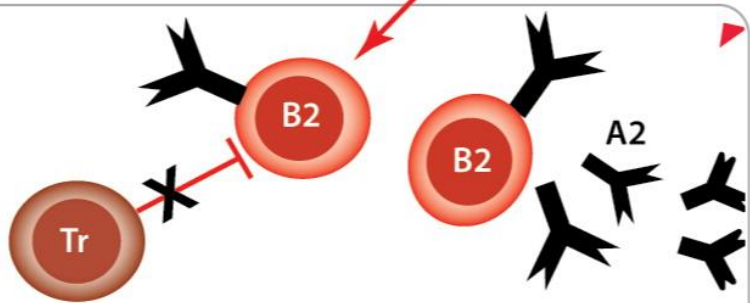


Anti-idiotypic response to A1 produces A2 that cross-reacts with the autoantigen (Ag2)

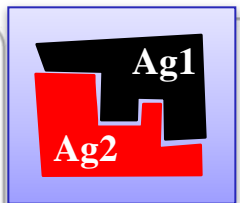


2) Loss of tolerance

Loss of tolerance, e.g., that caused by ineffective B cell suppression by Tregs

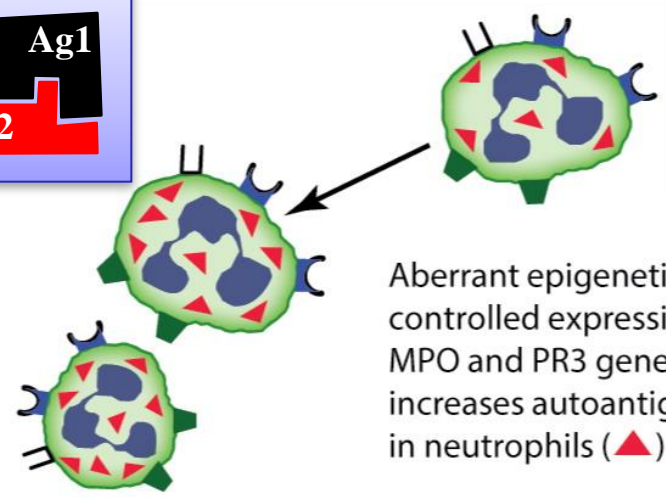


4) Cytokine-induced release ANCA antigens

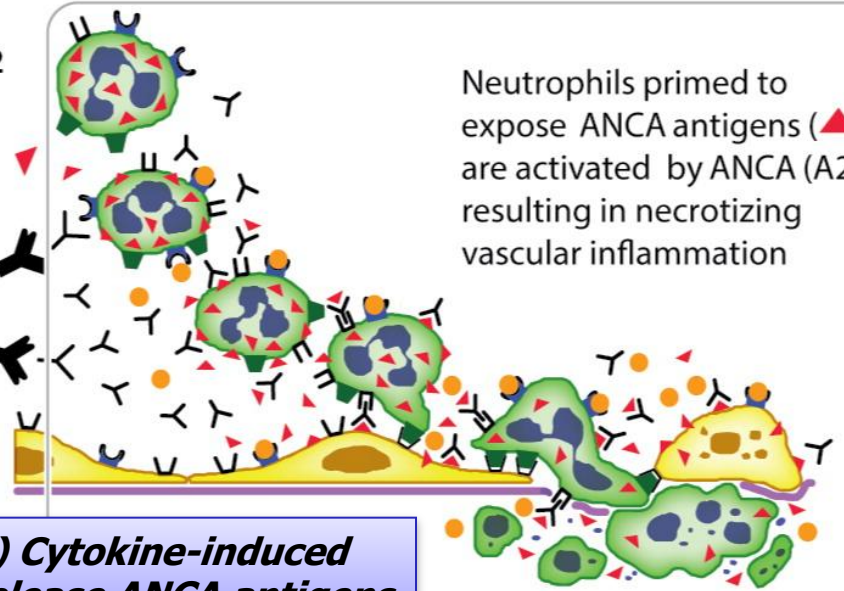


3) Increased expression of ANCA target antigens

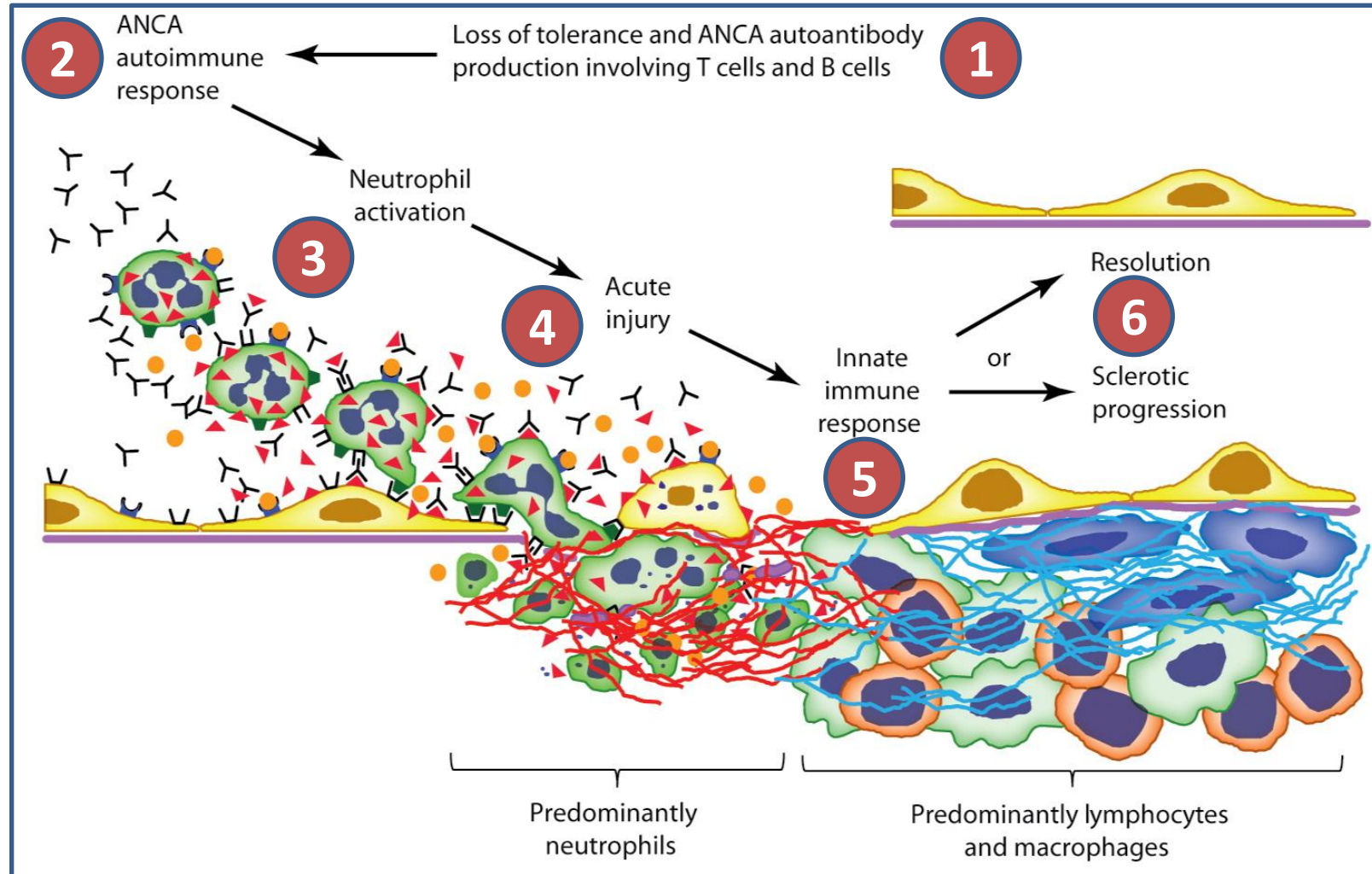
Aberrant epigenetically controlled expression of MPO and PR3 genes increases autoantigens in neutrophils (▲)



Neutrophils primed to expose ANCA antigens (▲) are activated by ANCA (A2), resulting in necrotizing vascular inflammation



Sequence of Events in ANCA-associated Vasculitis



1) Loss of tolerance allows for 2) production of pathogenic levels of ANCA. 3) ANCA activate primed neutrophils by binding to ANCA antigens at the surface of neutrophils and in the microenvironment of the inflammation. 4) ANCA-activated neutrophils mediate acute necrotizing injury with fibrinoid necrosis and leukocytoclasia. 5) The acute injury elicits an innate inflammatory response that recruits monocytes and T lymphocytes, which replace the neutrophils and lead to either 6) resolution of the injury or development of localized fibrosis/sclerosis.

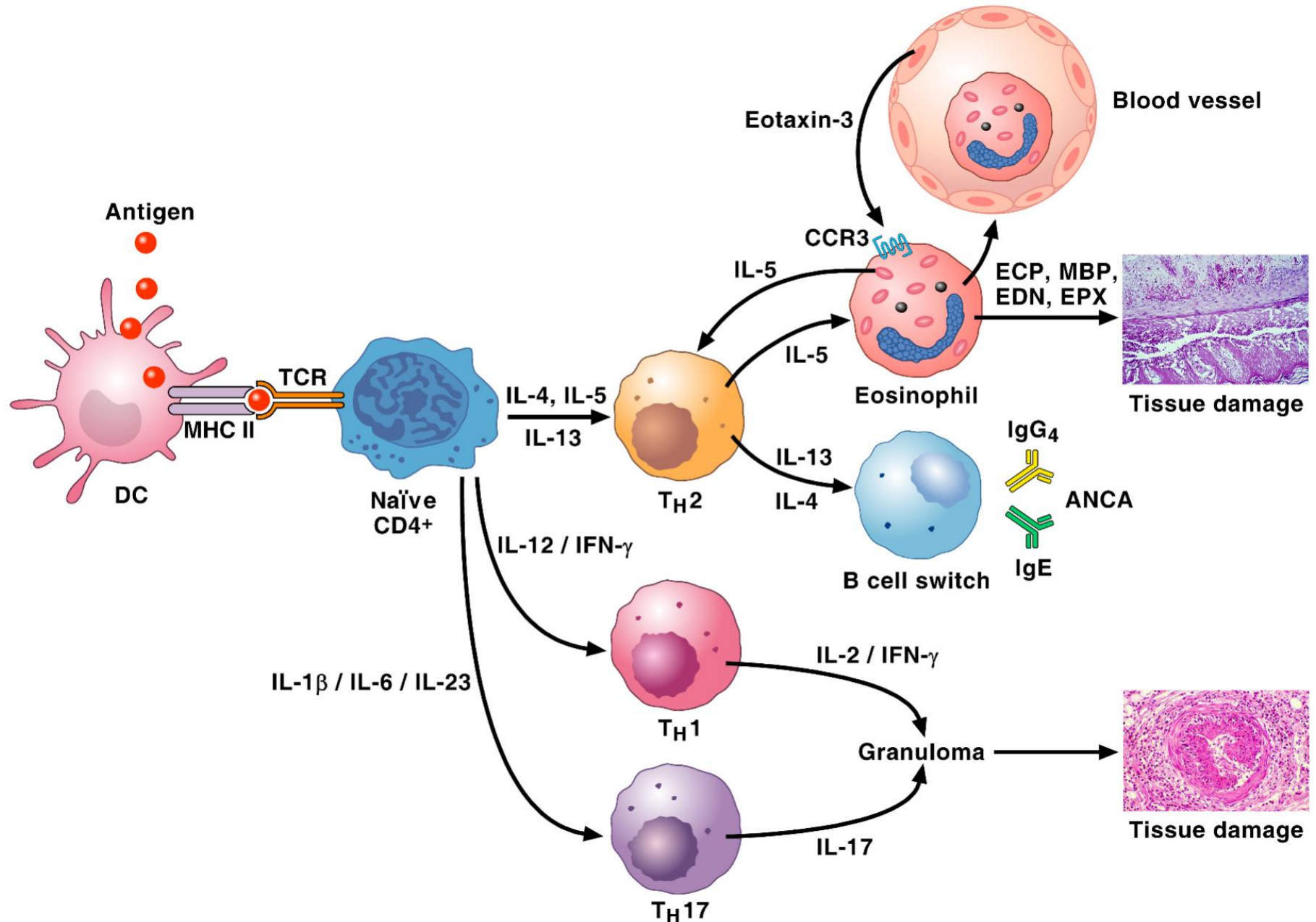
ANCA - associated Vasculitis

	EGPA/Churg-Strauss	Granulomatosis with polyangiitis/Wegener's
Eosinophilia	+++	+
Cardiac involvement	+++	±
Renal involvement	+	+++
MPO – ANCA	± 40%	-
PR3 – ANCA	-	± 90%
Genetic background	HLA-DRB4	
IL-5	↑↑	-
IL-10	↑↑	-
Eotaxin - 3	↑↑	

Eosinophilic Granulomatosis with Polyangiitis (EGPA)/Churg-Strauss Syndrome

- It is a necrotizing vasculitis of small and medium arteries and veins. It affects predominantly the vessels of the lung, bowel, heart and kidney with granuloma formation intra- and extravessel widely infiltrated by **eosinophils**
 - It is twice more common among males
 - The age of greatest incidence is in the 3rd and 4th decade
 - The etiology is unknown
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Pathogenesis of EGPA



Churg-Strauss Syndrome: Clinical Manifestations

Apparatus	Signs or symptoms	Frequency %
Respiratory	Lung infiltrates	70
	Löffler syndrome	40
Genitourinary	Kidney impairment	50
Cardiovascular	Pericarditis	40
	Hypertension	40
Gastro-intestinal	Abdominal pain	60
	Dyarrhea	35
Nervous	Peripheral mononeuritis	65
	Stroke	25
Osteomuscular	Arthritis	50
	Artromyalgia	40
Cutaneous	Purpura	50
	Erythema/urticaria	35
	Nodules	30

Evolution of Clinical Course

Prodromal phase	It can last for months or years and it is characterized by recurrent episodes of bronchial asthma, sinusitis, fever, weight loss and eosinophilia
Intermediate phase	It may appear with the Löffler's syndrome or eosinophilic gastroenteritis
Full-blown phase	Pulmonary and systemic vasculitis

Diagnostic Criteria of EGPA

ACR, 1990

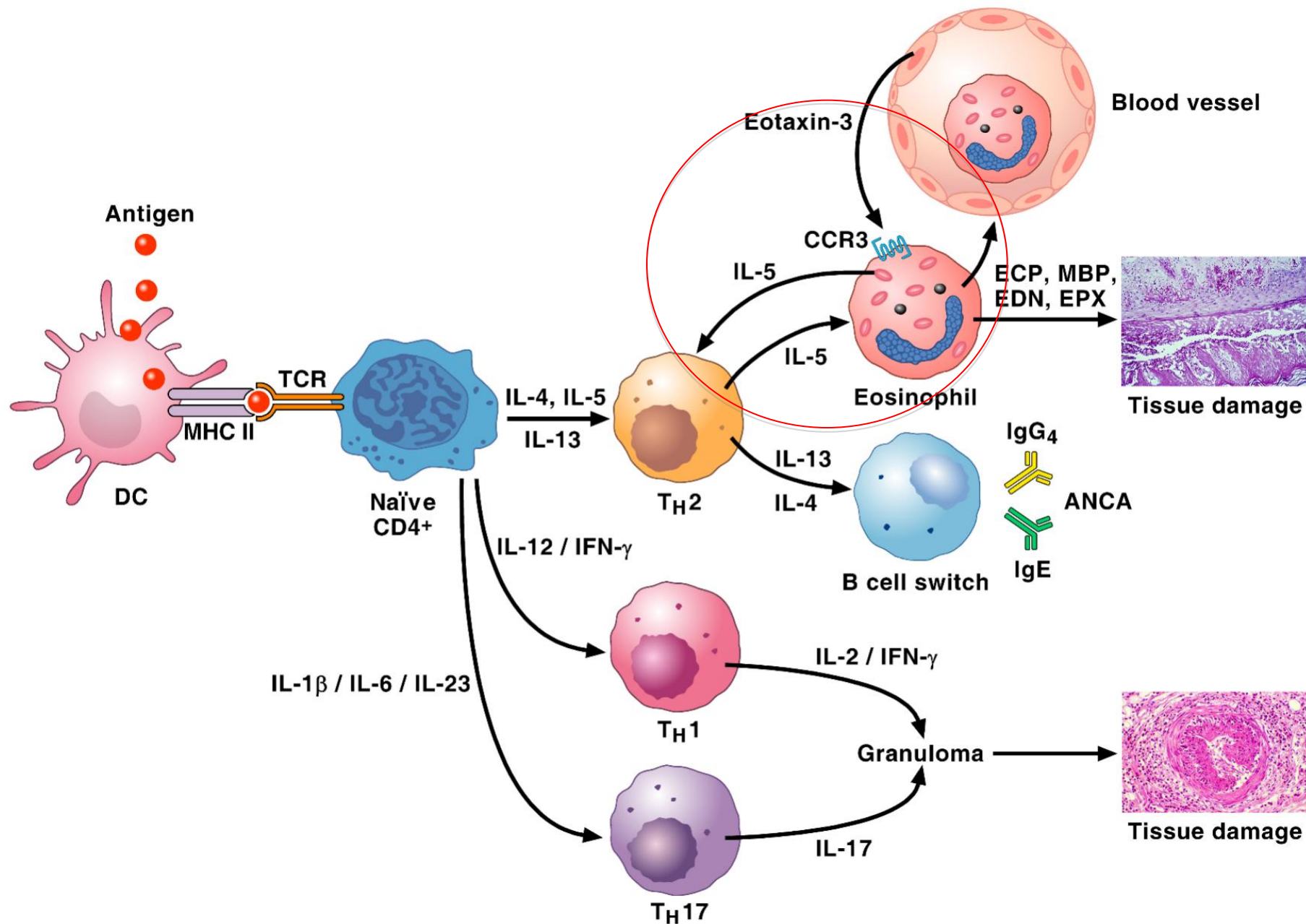
- **Episodes of bronchial asthma**
 - **Eosinophilia ($> 1.500 / \text{mm}^3$)**
 - **Mono- or polyneuropathy**
 - **Transient or migrant pulmonary infiltrates**
 - **Symptoms and radiographic signs of sinusitis**
 - **Eosinophils in perivascular, arterial or venous biopsies**
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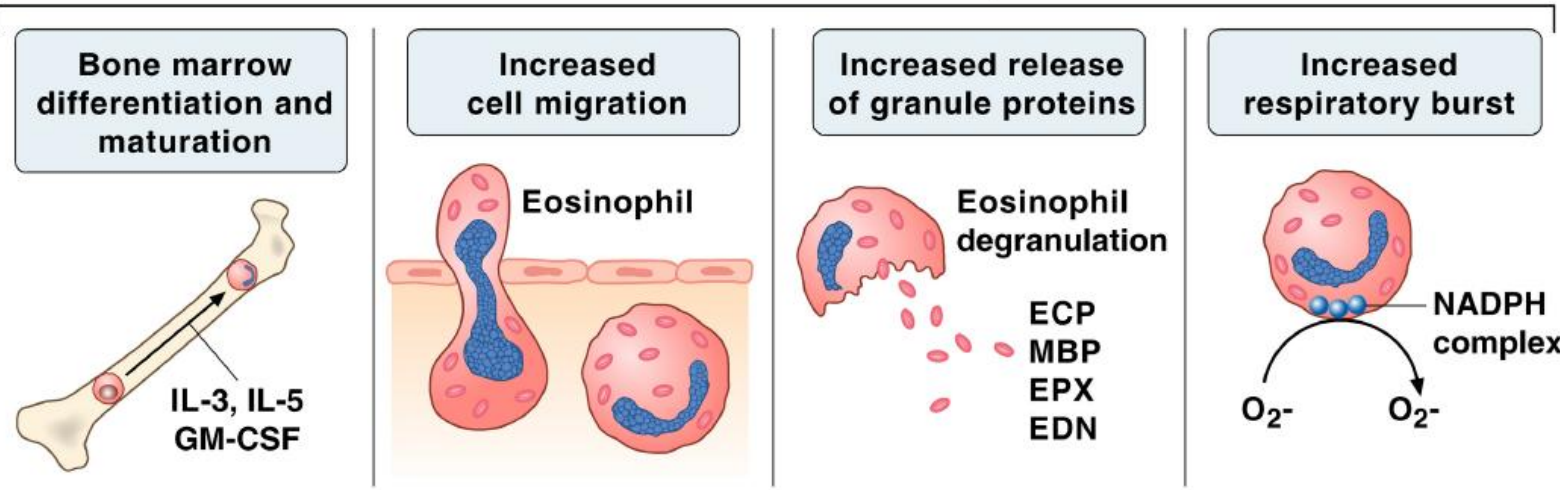
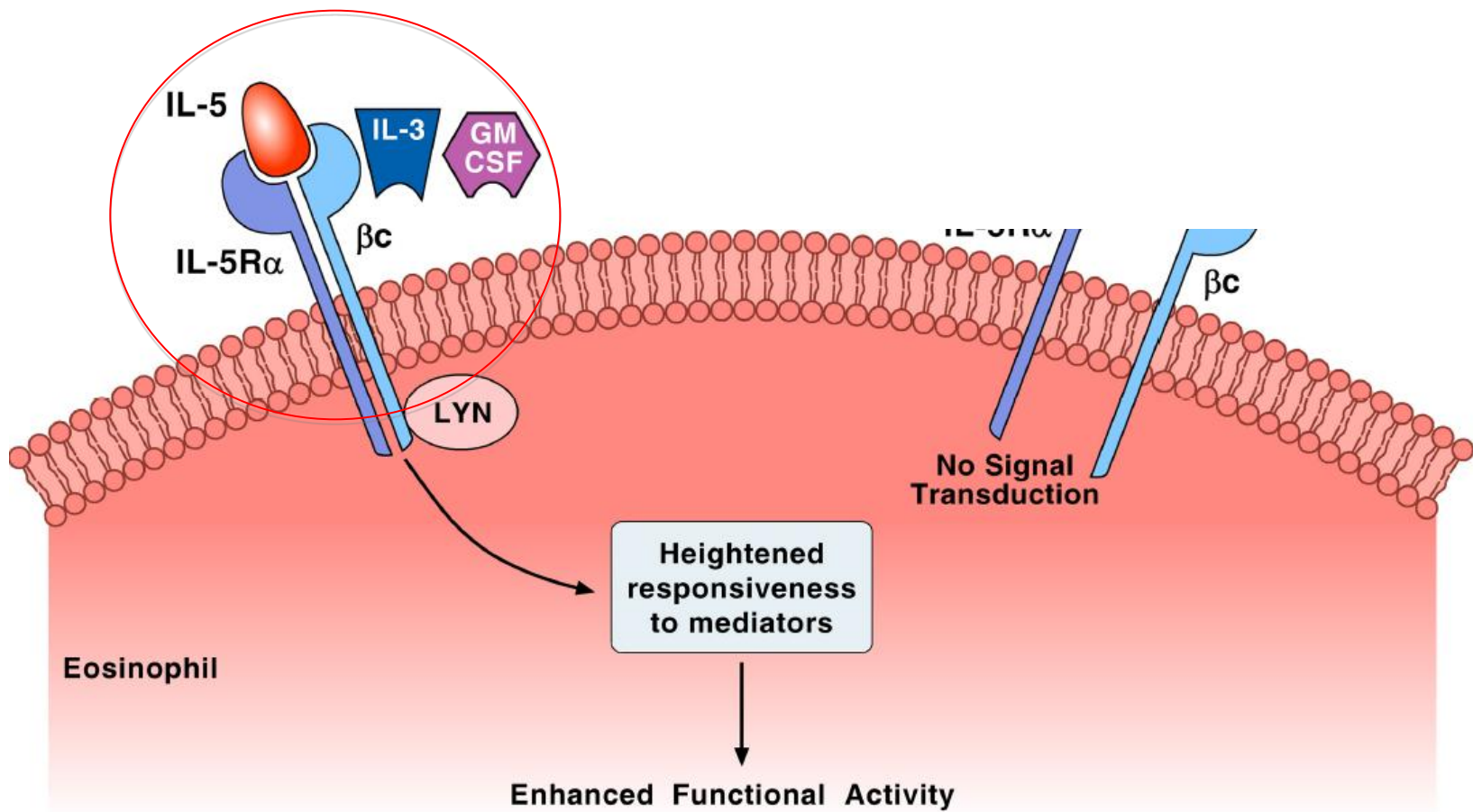
The presence of at least 4 of 6 of the above parameters allows us to make the diagnosis with 85% of sensitivity and a specificity close to 100%

Therapy of EGPA

- **Prednisone (1 mg/Kg/day) for 3 weeks**
Then tapered 10% every 10 days to the minimal effective dose
 - **Cyclophosphamide (CYC) (600 mg/m²) i.v. every 4 weeks for a maximum of 7 to 12 pulses + Mesna (Uromitexan®) 400 mg i.v. immediately before and 4 h after CYC**
 - **Calcium + Vit. D₃ (Cacit®, 1 dose/day) and Bisphosphonates**
 - **Hematologic monitoring every 2-4 weeks**
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Pathogenesis of EGPA





Mepolizumab as a Steroid-sparing Treatment in Patients with Churg-Strauss Syndrome (CSS)

- Levels of IL-5 can be increased in patients with CSS**
 - 7 patients with CSS were treated with 4 monthly doses of Mepolizumab (750 mg i.v. in 30 min)**
 - Mepolizumab was well tolerated in all patients**
 - Mepolizumab reduced eosinophil counts and effectively served as corticosteroid-sparing therapy ($\approx 60\%$ reduction)**
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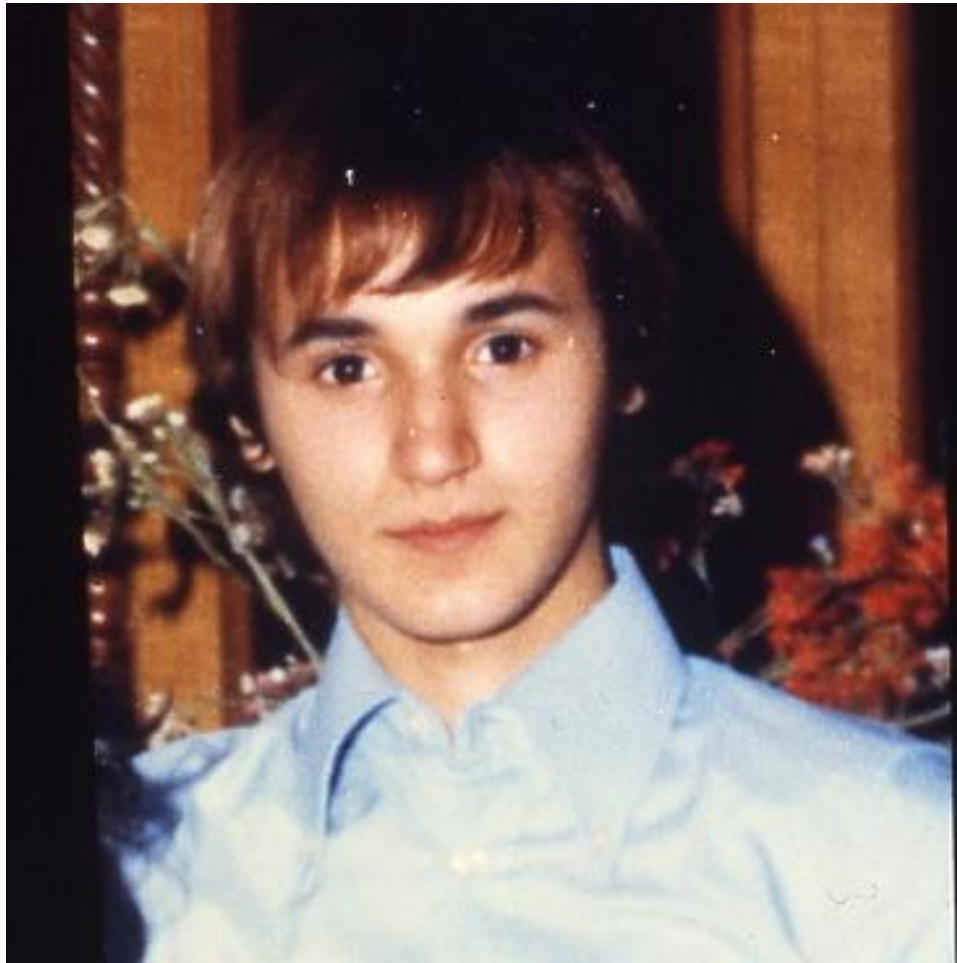
Granulomatosis with Polyangiitis/Wegener's

- Granulomatosis with Polyangiitis/Wegener's, described in 1936, is an inflammatory process of the respiratory tract with small and medium vessel necrotizing vasculitis
 - It frequently coexists with a necrotizing glomerulonephritis
 - The incidence is about 1/30.000 in the Caucasian population
 - The disease manifests itself preferably in men (3: 2), usually after the third decade of life
 - The etiology is unknown
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Granulomatosis with Polyangiitis/Wegener's: Clinical Manifestations

Involved Sites	Frequency %	Signs or symptoms
Upper respiratory tract	90-95	Sinusitis, otitis media, nasal ulcers, oral ulcers, deformities of the nose saddle
Lower respiratory tract	90-95	Cough, dyspnea, hemoptysis, pulmonary infiltrates, pleural effusion, endobronchial lesions, interstitial lung disease
Kidney apparatus	75	Hematuria and / or cylindruria with or without renal failure, nephrotic syndrome, hypertension
Osteomuscular apparatus	70-90	Polyarthralgias, mono- oligo- polyarthritis, myalgia or myositis
Eye	50-65	Conjunctivitis, scleritis / episcleritis, uveitis, proptosis, corneal scleral ulcerations, retinal vasculitis
Skin	50	Palpable purpura, subcutaneous nodules, petechiae, ulcers, Raynaud's phenomenon, livedo reticularis, papules necrotic
Heart	40	Pericarditis, arrhythmias, coronaric arteritis
Nervous System	20-25	Mononeuritis plexus disorders, peripheral neuropathy, vasculitis of the central nervous system
Gastrointestinal tract	15-30	Granulomatous hepatitis, vasculitis of the small intestine, Ascites

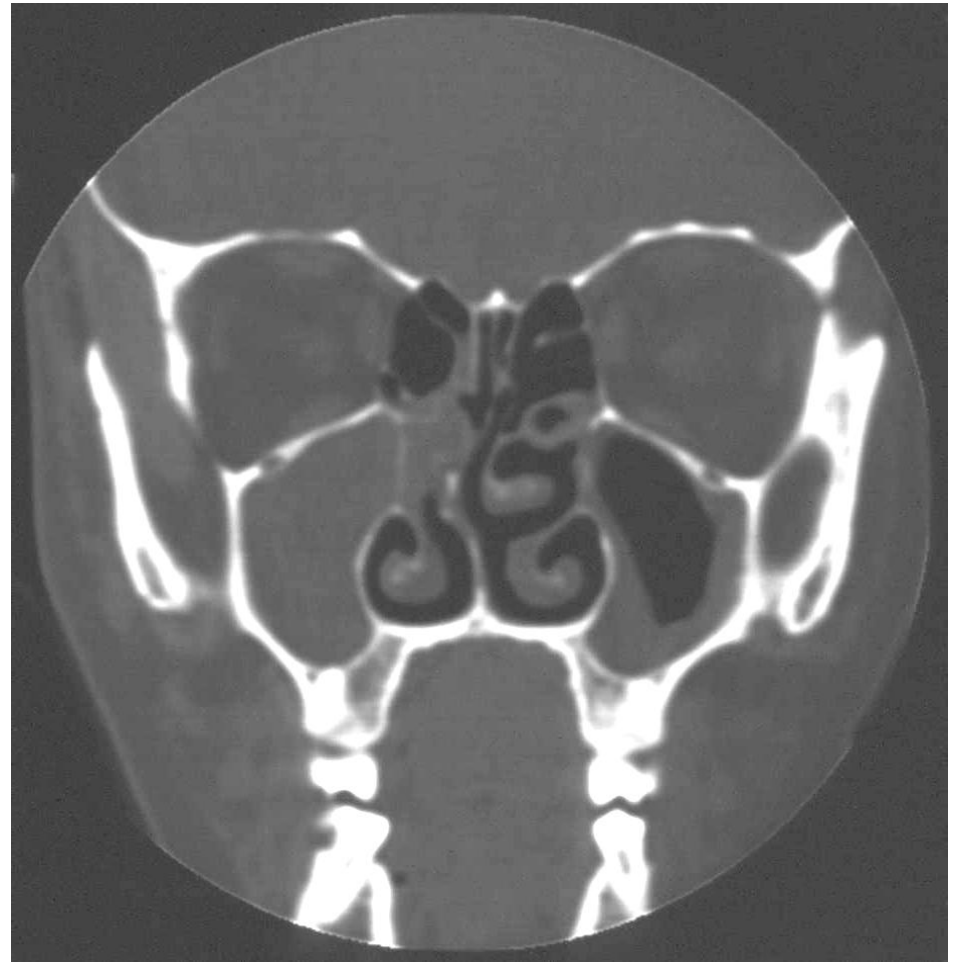
Destruction of the cartilage of the nasal septum resulting in the “saddle nose” deformity



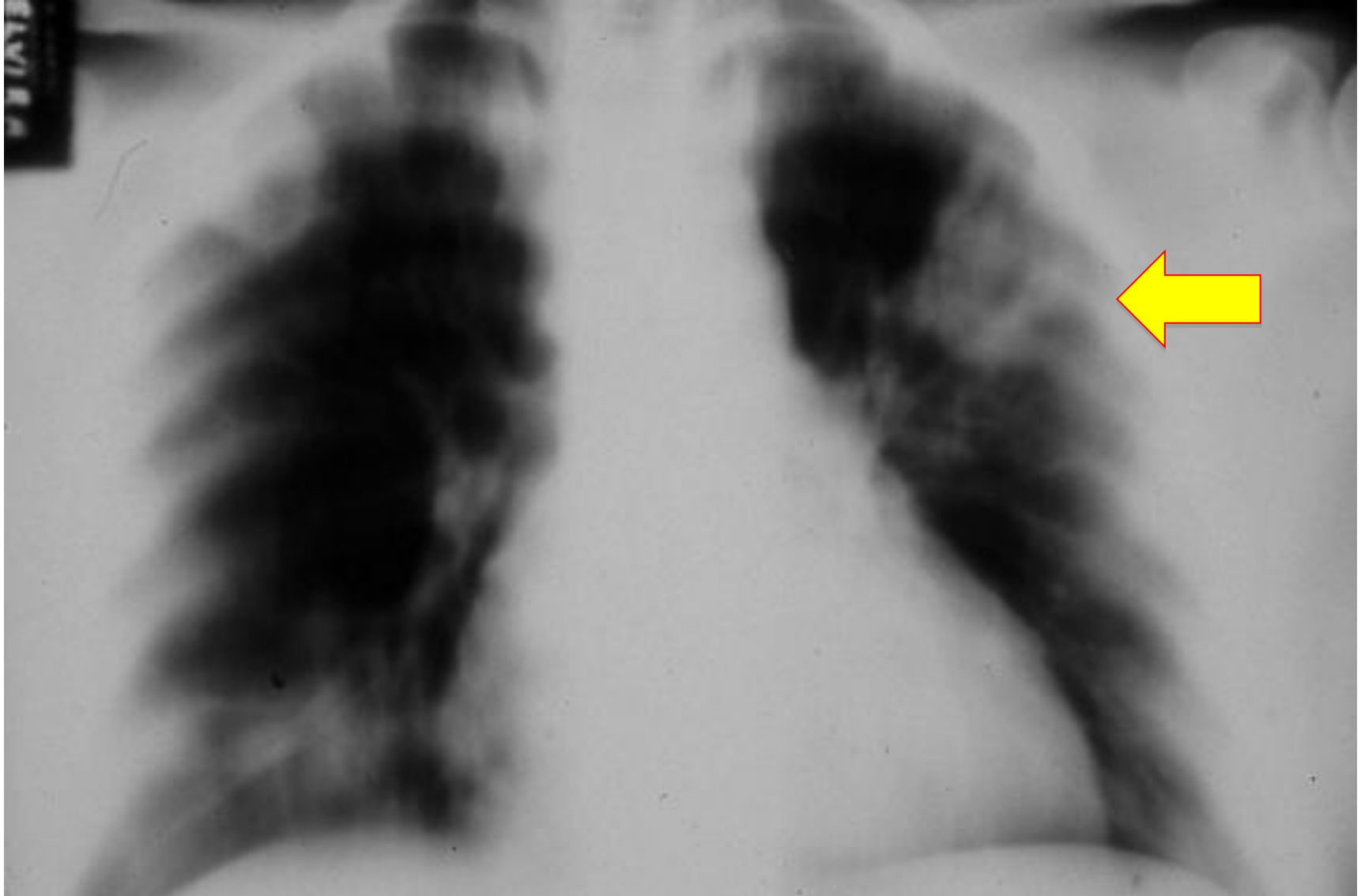
Ocular involvement with conjunctivitis



CT Scan evidence of sinusitis



Chest X-ray from a patient with cavitory lung lesion in the upper left field



Different Forms of Granulomatosis with Polyangiitis/Wegener's

Classic Form	Lung and renal glomerular lesions
Limited Form	Lung lesions without kidney involvement
Fulminant Form	Association of rapidly progressive kidney, heart and lung failure

Diagnostic Criteria of Granulomatosis with Polyangiitis/Wegener's

ACR, 1990 modified

- **Nasal or oral ulcer, with epistaxis or purulent nasal secretion**
 - **Chest X-ray abnormalities (nodules, infiltrates, cavitory infiltrates)**
 - **Microematuria (> 5 red blood cells/field)**
 - **Pathologic evidence of necrotizing granulomatous vasculitis**
 - **Presence of PR3 – ANCA**
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The presence of at least 3 of the 5 above parameters allow us to make the diagnosis with a sensitivity and specificity of approximately 90%

Therapy of Granulomatosis with Polyangiitis/Wegener's

Form	Drug	Initial Dose	Lenght
Moderate and severe	Glucocorticoids	1 mg / kg / <i>die</i> of prednisone i.v. or <i>per os</i>	Taper to 10 - 5 mg / die
	Cyclofosphamide	600 mg /m² e.v. every 4 weeks for a maximum of 7 - 12 cycles	
Limited form without renal lesions	Methotrexate	Up to 15 - 25 mg i. m. once a week	Try to stop therapy one year after remission
Secondary bacterial infections	Antibiotics or Trimetoprim/sulfametroxazolo		

Maintenance Therapy of Granulomatosis with Polyangiitis (GPA)/Wegener's

After at least 3 months of therapy with cyclophosphamide (600 mg / m² / month for 7-12 cycles) and prednisolone (1 mg / kg / day), the treatment with azathioprine (2 mg / kg / day) and prednisolone (0.25 mg / kg / day) is not associated with an increased risk of relapse

Microscopic Polyangiitis (MPA)

- **MPA affects small vessels (i.e. capillaries, venules or arterioles) causing pathological lesions**
 - **It is more common in males**
 - **The incidence is highest around age 50**
 - **Lung involvement is common (25-55% of cases)**
 - **Necrotizing glomerulonephritis is common**
 - **Patients are HBsAg negative**
 - **MPO-ANCA are present in 70% of patients, whereas PR3-ANCA are present in 15% of patients**
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Conclusions

- **Respiratory tract, kidney, skin and heart are frequently involved in ANCA-associated vasculitis.**
- **Some immunological evaluations (ANCA, IL-5, IL-10, Eotaxin-3, etc.), systemic (VES, PCR, etc.), imaging (ECHO, HR-CT, FDG-PET, PET-CT, etc.) and genetic (HLA-DRB4, etc.) are pivotal in the diagnosis and follow up in vasculitis patients**
- **Biopsy and angiography are central in the diagnosis of vasculitis**
- **Immunosuppressive therapy has dramatically changed the prognosis of patients**